

Stew Dent

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Volunteer Experience

STU Cares Day of Action | The Ville Cooperative

Sep 2021 and 2022

Collaborated with a team to provide support in the harvesting of crops from the community garden and to prepare supplies for the upcoming year.

Worked with newcomers in the community to educate them on Canadian fruits and vegetables while creating a healthy meal they could share with their families.

Food Bank Committee | St. Thomas University

Nov 2020 - Apr 2021

Assisted in the collection and distribution of food for students in need while ensuring confidentiality.

Liaised with community members and businesses to collect donations and spread awareness.

Students for Sustainability | St. Thomas University

Sep 2019 - Apr 2020

Worked to promote environmental awareness among peers by leading and engaging the student body in sustainability initiatives both on and off campus.

Organized events to provide education on how to be change makers and responsible citizens while collaborating with a team to create innovative ideas that would help make this lifestyle more accessible to students.